



## **PERSONAL GROWTH PLAN**

A personal growth plan is your plan to achieve success with your life. It is a predetermined route which you intend to take to enter into the future of your choice. It is your personal guide to winning at life. It has some structure to it, but it is also flexible as you grow and develop as a person. It starts at the heart of who you are and helps to answer the question of what is your purpose or mission in life. Then it builds on your values, gifts, and goals to develop an action plan for success, and the lifestyle to achieve that success.

### **1. LIFE MISSION**

⇒ Determine your life purpose.

#### **Thought Questions:**

- ❖ If money were not a concern, I would love to spend my life doing...
- ❖ If I knew I could not fail, I would do this...
- ❖ That which gives me the greatest personal satisfaction is...

How: Download “Seven LifeGoals for Life Change” from the HighPowerResources.com Coaching Resources page. This has help on preparing a Life Mission Statement.

### **2. CORE VALUES**

⇒ Decide what is most important to you in life.

#### **Thought Questions:**

- ❖ What matters to you more than life?
- ❖ What would you be willing to spend enormous amounts of time or money to enhance, protect, or grow?



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### **3. SPIRITUAL GIFTS**

⇒ Discover your gifts to clarify your mission

How: Locate a spiritual gifts inventory and do a self-assessment. This will indicate to you those gifts and talents that empower and enthuse you. This is the course God has laid out for you for life success and passion.

### **4. LIFE GOALS**

⇒ Direct your goals toward your mission

How: Download “Seven LifeGoals for Life Change” from the HighPowerResources.com Coaching Resources page. This has help on preparing LifeGoals.

### **5. ACTION PLANS**

⇒ Decide the action plans to get you there

### **6. LIFESTYLE HABITS**

⇒ Developing the living habits to achieve success



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### **Assessment**

Where are you on the development of your Personal Growth Plan? Take the following assessment to determine areas which may need strengthening.

1. **Life Mission** – I can state my life mission in a single sentence
  - Yes
  - No
  
2. **Core Values** – I can state the 3 – 5 bedrock values that guide my life
  - Yes
  - No
  
3. **Personal Gifts** – I can name my personal & spiritual gifts
  - Yes
  - No
  
4. **LifeGoals** – I have written goals for the 7 key areas of life success
  - Yes
  - No
  
5. **Action Plans** – I have clear action steps in place for each of my goals
  - Yes
  - No
  
6. **Success Lifestyle** – I am practicing consistent lifestyle habits which are carrying me toward my goals
  - Yes
  - No

**Results:** How many times were you able to answer “yes”?

Zero to 3 -- Your PGP has serious gaps in it

4 – 5 times – You are making good progress; review recommended

6 times – You are doing great!